

Confidential Client Information

Thank you for choosing our practice for your Massage Therapy needs. Please complete this form in ink. If you have any questions or concerns, do not hesitate to ask for assistance. We will be happy to help.

Name _____ Date _____

Address _____ City _____ State _____ Zip _____

Sex: Female Male Birth date _____ E-mail _____

Home Phone (____) _____ Cell Phone (____) _____ Work Phone (____) _____

Do you prefer to receive calls at: Home Work Cell No Preference

Married Widowed Single Minor Separated Divorced Partnered

Client Employer / School _____ Occupation _____

Whom may we thank for referring you to us? _____

Person to contact in case of emergency _____ Phone (____) _____

Accident Information

Is your condition due to an accident? Yes No Date _____ Auto Work Other

Massage History

Have you ever received a professional massage? Yes No

Why did you come for our service? Relaxation Pain Therapy Other _____

What results would you like to achieve? _____

Prioritize the areas of your body that you wish to be massaged. Please note any areas that you **prefer not to** be massaged. _____

Client Condition – If you checked Pain or Therapy above.

When did your symptoms appear? _____ Is the pain constant or does it come and go? (Circle One)

Does it interfere with your Work Sleep Daily Routine Recreation

Activities or movements that are painful to perform Sitting Standing Walking Bending Lying Down

Other treatments for this condition: Medication Chiropractic Physical Therapy Surgery

Health History

- | | | | | |
|--|---|---|---|--------------------------------------|
| <input type="checkbox"/> AIDS/ HIV | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Joint Replacement | <input type="checkbox"/> Parkinson's disease | <input type="checkbox"/> TMJ |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Migraines | <input type="checkbox"/> Polio | <input type="checkbox"/> Vertigo |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Mononucleosis | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Multiple Sclerosis | <input type="checkbox"/> Rheumatoid Arthritis | _____ |
| <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Osteopenia | <input type="checkbox"/> Spinal Fractures | _____ |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Herniated Disc | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Stroke | _____ |

Exercise None Daily Moderate Heavy **Work Activity** Sitting Standing Light Labor Heavy Labor

Lifestyle Smoking Coffee/ Caffeine Alcohol High Stress Level

Medications _____ **Vitamins/Supplements** _____

Female Specific Are you currently **pregnant**? Yes No Due Date _____

Authorization

To the best of my knowledge, the above information is complete and correct. I understand that it is my responsibility to inform my health care provider if I ever have a change in health.

I understand that massage therapy is for the primary purpose of short-term relaxation and the relief of muscular tension.

I understand that massage therapy is in no way a substitute for examination, diagnosis or treatment by a physician. I

understand that massage therapists are not qualified to diagnose, prescribe or treat any illness and are not qualified to perform spinal adjustments.

Signature of Client, Parent, Guardian or Personal Representative _____ Date _____